



Vision:

A cohesive community of open minded, resourceful and self-aware individuals in Uganda.

Mission:

Creating a safe environment, which engages children and youth to discover their identities and develop social and economical skills through arts, sports and non-formal education methodologies.

Core values:

Respect - Reflection - Integrity - Hard work
Community Service - Empowerment.

Curriculum Themes

These are the participatory portals in our methodology through and with which we explore, experience, understand and reconnect to life forms on Earth.

They are the foundation on which we develop, design and implement our program activities offering an opportunity to the facilitators and participants to go on a journey to seek, debate, question, discover, remember and share their truth and new discoveries without blame or judgement.



IDENTITY:

This is the past, present and future presentation, expression and definition of our feelings, thoughts and actions in relation to the elements that support our human experience. We refer to this in our learning environment as the process not a found object. A process to remember, create and become who we desire to be.



ENVIRONMENT:

That which surrounds us in the physical and spiritual aspects of life. The seen and unseen elements that affect our being, thought, emotions and actions. That which offers reflections to look critically deep inside and outside to acknowledge, accept, bless and realize our purpose in life. We refer to this in our learning environment as the support. The support for who we are now and for the realization and creation of who we want to become.



HEALTH:

Extend healing and restoration of balance to all that gives life coordination, rhythm and flow. Health is a state of being which can be achieved through attention, mindfulness, awareness, conscious choices and actions.



The Methodology

We use a Non-formal education methodology of learning

Our facilitation and teaching methods are based on the [Creative Community Model](#), where we engage the participants using artistic/creative expression, sports and dialogue to cultivate resilience, self-confidence, critical thinking, creativity, compassion, effective communication, and emotional intelligence for personal development. A catalyst for community building and positive social change.

In the learning environment, we lay the ground for both the teacher and student to be fully present, curious, enthusiastic, motivated, safe and open to outcome.

It is very important to pay attention to the tools of engagement, the needs of the student and the teacher, the content, context and timing/season.

In our model, class doesn't necessarily refer to the four (4) walled structure, but any environment that encourages learning, fosters growth, transformation and integration.

We live in an ever-changing environment, very diverse that requires us to develop certain skills to adapt swiftly and flow with nature. This is why developing a character/attitude of lifelong learning is key to all the other skills we develop.

Director's note

Sebulime Elisha Davis

Dear community, it is that time of the year once again. Where we look back and share some highlights of our journey of community building together. We set off to a very promising year, 2025.

We have been committed and devoted to our development goals, among which are, to continue developing our internal capacity in program designing, management and administration, fundraising through entrepreneurship strategies and community mobilization, communications and networking.

As the year draws to a close, we feel there is more work to be done, but we are also grateful to have managed what we did this year that has led us this far.

We will continue to push ourselves to grow in areas necessary for our mission to manifest, together we can and we will.

We give thanks to the powers that be, that have kept us safe through the year. For the good health, financial resources and more importantly, the company of family and friends we keep, with whom we thrive.

We now carry the lessons forward, to change what needs improvement and to master what worked well. To the Soul-Xpressions team that ensures all programs are implemented, the board members that advise us and supports us in various areas such as legal counsel, fundraising, our sponsors, partners and family, we can't thank you enough. Thank you!

2025 in Summary

Mastery is not a one-off feat, nor a sprint. It is cultivated from rigorous research, work and persistence in doing what one believes to be their calling or purpose. As a youth development organization, we are always looking for ways to have meaningful and lasting positive impact on participants within our programs. Every challenge, obstacle is an opportunity, an invitation for us to go deeper within and broader externally to find resources and means to stretch ourselves toward growth and our collective vision.

Our creative empowerment and creative leadership programs are our safe spaces where we explore and develop leadership identities, life skills and artistic/creative expression.

These are spaces where both facilitators and participants come together to support one another develop in tune with our gifts and talents, and to navigate life with grace and compassions, as we work to make sense of the world within and without, to give our existence meaning.

We have conducted these programs throughout this year at People Concern Children Project (PCCP) center in Kikubamutwe, Kabalagala and at our dance studio at Kaazi in Busaabala.

As is our culture, we welcomed international guests into our spaces who shared their life experiences, art and knowledge with us.

Our ambition toward autonomous application of our ideas and pursuit of our mission's objectives, as demonstrated by E'nsigo Demo Farm, has been well received and supported by some members of our community. We got big financial support this year for both infrastructure development and stock capital. We have got work to do. Thank you, Christine Hausherr, Katharine Hausherr and Urs Hausherr, Melissa Micheals, Pro Cent fund of Mercedes Benz.



The programs and projects

Creative empowerment program

Our creative empowerment program has been very vibrant with both our creative youth facilitators and youth/children actively engaged in the workshops for all the three (3) terms. Throughout the year, we engaged over 70 young people from P.3, P.4, and P.5 through non-formal learning methods using visual arts, movement, storytelling, and reflection groups.

Each term explored a unique but interconnected theme such as Identity, Environment, and Health, guiding participants to better understand themselves, their surroundings, and their overall well-being. Through our approach of Explore, Create, and Share, we created safe spaces where participants could express themselves freely and grow in confidence.

Key Achievements

- Personal growth & confidence

Participants demonstrated increased self-awareness, emotional expression, and public speaking confidence. Activities such as creative writing, drama, dance, and reflection circles encouraged even the least confident to speak boldly.

- Creative/artistic development

Participants explored dance, visual arts, photography, music, tie & dye, pigment making, monochrome, recycled art, and storytelling. They learned practical skills such as colour mixing, script writing, goal setting, storage file making, and throughout they exhibited progressive creativity and teamwork qualities.

- Emotional & physical awareness

Invocation and breathing sessions strengthened body awareness and calmness. The theme of Health, in Term 3 deepened understanding of emotional and physical well-being, while practicing meditation through movement, personal hygiene, and self-care.

- Environmental & community awareness

Through recycled art, River of Life activities, and discussions on sustainability, participants reflected on the impact of our collective and individual actions on our shared environment, our role in protecting, preserving and sustaining it.

- Community bonding

Team-building games, sports day engagement, volunteer involvement, and the parent interactions reinforced trust and collective responsibility. The program intentionally offered a safe space to continue bridging the gap between parents and teachers/facilitators/volunteers, a very important aspect of creating safe spaces where young people can learn with freedom and support from their caretakers.

Paula Martinez Moira – Volunteer Facilitator (Spain)

“Through this (term 3) I had the great privilege to explore and create around the theme of health with talented facilitators and energetic young stars. Starting from learning names, the doorway to identity. We slowly witnessed each child unveil parts of their soul through movement, script reading, pigment making, portrait drawing, and community painting.

Health allowed us to explore emotional and physical well-being, confidence, trust, and meditation through movement. I trust these experiences are printed in the memory of their bodies so they can tap into this wonderful power they have expressed.”



Creative leadership program

Dance programs: this year, our Legacy program, continued to grow, offering a specialized dance training to 20 participants. This training program focuses on developing dance practice as a viable professional career option for young people in Uganda.

International Exchange programs: we hosted Muhammed Kaltuk and Company MEK to recreate the dance production called "Same Love". The project that was supported by Pro Helvetia, brought together 4 international dance institutions from 4 different countries, Soul-Xpressions (UG), Muda Africa (TZ), Terra Alta (Ghana) and Company MEK (Sui) to celebrate love and dance.

The dance piece that featured 9 Ugandan dancers, 1 Swiss dancer, choreographed by Muhammed Kaltuk, was presented at the Batalo Dance Festival 2025, and had a very positive reception from all the festival revelers.

This was another opportunity that strengthened our partnership with Muhammed Kaltuk, Company MEK and Batalo East, and introduced us to ProHelvetia.



Governance

- The board; We had two (2) board meetings.
- The management team; The team put in the effort and passion to implement our programs. The out reach, legacy program and international exchange activities. A big thanks to all our youth facilitators, volunteers and guest teachers.

Testimony corner

What our participants have to say about the programs.

Participant Voices

"The invocation helped me relax and improve my breathing." – Nakakande Swabura

"I learnt that old clothes can be recycled and even generate income." – Blair (P.4)

"I can now mix primary colours to create any colour I want." – Kato Daniel

"I can write a letter now to my parents and friends." – Jordan (P.4)

"I learnt how to use my body through dance." – Participant reflection from Waacking workshop.

Sustainability Project: E'nsigo Demo Farm





E'nsigo Demo Farm; created to support our financial resilience and sustainability, continued to attract attention from well-wishers who supported us with financial contributions to continue developing the infrastructure and capital capacity. This year we had a training in financial management, creating digital templates in excel for proper record keeping of both animal and input/output inventory and financial transactions. We received a financial donation from Christine, Katherine and Urs Hausherr, a development grant from Pro Cent Fund of Mercedes Benz and Melissa Micheals of Golden Bridge.

The funds helped with infrastructure development such as the additional fattening units, improvement of the farrowing units, the brooder unit and animal and feeds stocking.



Social Media Summary

Soul-Xpressions runs multiple social media platforms, among which are, Instagram, Facebook, X, Youtube, LinkedIN. Where we promote our work and engage the community across our different program activities.

Platform	Followers	Reach/views	Engagement	Growth
	1,670	128,400	8,920	+ 427
	Followers	Reach/Views	Engagement	Growth
	1,825	2,142	112	- 67
	Followers	Reach/Views	Engagement	Growth
	54	85	64	+ 7
	Followers	Reach/Views	Engagement	Growth
	26	420	-	+ 6
	Followers	Reach/Views	Engagement	Growth
	159	155	5	+17

The Media & Visibility Department documented our program activities, workshops, and community engagement activities and shared across all social media platforms. Using photography and video storytelling to strengthen visibility, partner communication, and community engagement.

Compared to 2024, 2025 recorded steady growth in followers, reach, and engagement across most platforms, driven by consistent content creation and community-centered approach.

A key highlight was the posts of the “Same Love” dance production, in December, where the creation journey from rehearsals to performance was shared through visual storytelling. This attracted a lot of online community interaction and deepened audience connection.

Despite challenges such as limited administrative access to the Facebook page and constrained resources for advanced production and analytics tracking, a consistent and impactful digital presence was maintained.

Financial Report

AGGREGATED BUDGET 2025	
YEAR 2025	Q1-Q4 actual
REVENUE	
Aktion 5%	28,065,605
Patreon	2,687,300
Performances (COMPANY MEK)	25,576,518
TOTAL REVENUES	56,329,423
EXPENDITURE	Q1-Q4 actual
Outcome 1: Youth and children have enhanced understanding of their unique talents and skills	
Output 1.2: Creative facilitation	6,291,000
Outcome 2: Youth have developed creative arts and sports skills for social and economic opportunities	
Output 2.4 International Exchange programme	25,576,518
Outcome 3: Soul-Xpressions is a sustainable organisation	
Output 3.3 Staff development	4,921,000
Output 3.4 Marketing	370,000
Administration	2,484,000
Rent	16,650,000
TOTAL EXPENDITURE	56,292,518

Office and Dance space rent;

Aktion 5% from German, for the past eight (8) years now has been supporting us with our dance/office space rent.

Creative empowerment and Creative leadership programs

Transportation to the centers of activities, student's snacks, art and stationary materials this year were made possible with funds from Aktion 5% and our Patreon donors.

International project activities

Our international exchange program, "Same Love" dance production. was supported by Pro-Helvetia and company MEK.

Partners



Sponsors and Funders



Compiled by
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